THE MEADOWS®

A Meadows Behavioral Healthcare Program

Located in Wickenburg, Arizona

Admissions: 866-352-2075

Let our trained experts help you determine if our program is the right fit for your needs.

THE MOST TRUSTED NAME IN TRAUMA & ADDICTION TREATMENT

For more than 45 years we've been helping people overcome addiction, heal unresolved emotional trauma, and develop the tools they need to transform their lives. Whether you or someone you love is entering treatment for the first time or struggling with a relapse, our time-tested Meadows Model is unparalleled in producing successful outcomes that translate to lasting recovery.

ABOUT US

Are addiction, trauma, or mental health issues holding you back from living the life you want? Are they negatively impacting your relationships, family, or career? At The Meadows, we don't believe in quick fixes. Instead, we focus on getting to the root causes so you can find deep healing and experience lasting recovery. For nearly five decades we've been helping men and women overcome addiction, heal unresolved emotional trauma, and develop the tools they need to transform their lives.

WHAT WE OFFER

- 45-day inpatient treatment
- Integrated trauma services
- Proven modern modalities & holistic options
- Innovative Brain Center
- Intensive family programming
- Senior Fellow oversight

WHO WE TREAT

Our program is designed to address a variety of issues, including:

- Alcohol addiction
- Drug addiction
- Work addiction & money issues
- Body image issues
- Dual diagnosis
- Depression
- Anxiety
- Bipolar disorder
- Emotional trauma
- PTSD
- Codependency & control issues
- Relational issues
- Intimacy & sexual struggles

PROGRAMMING

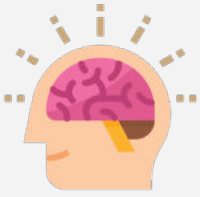
We believe that successful treatment combines a diverse range of powerful treatment methods that work together to foster support, discovery, and healing. The Meadows' highly individualized treatment approach encompasses the Meadows Model to address emotional trauma and addiction with a multi-disciplinary emphasis. Group and one-on-one therapy, techniques like Somatic Experiencing and neurofeedback, holistic offerings, the guidance of our expert Senior Fellows, incorporating family, and our Fuel Well nutrition initiative all combine to create a program like no other.

PROGRAM OFFERINGS

- Individualized treatment
- Full medical assessments
- Small group sessions
- Detox (if needed)
- Psychiatric support
- Eye Movement Desensitization and Reprocessing (EMDR)
- Family week workshop
- Grief counseling
- Peer support
- Wellness program
- Medication management
- Somatic Experiencing®
- 12-Step approach
- Accelerated Resolution Therapy (ART)
- Mindfulness
- Meditation
- Equine therapy
- Expressive arts
- Tai chi
- Yoga
- Acupuncture
- Spirituality counseling
- Alumni program & aftercare support

BRAIN CENTER

In addition to traditional therapeutic modalities, we offer regular biofeedback/neurofeedback sessions designed to decrease the physical manifestation of trauma in the body and balance and regulate the brain. Each patient will make multiple visits to our Brain Center each week to enhance the treatment and recovery process.



JERRY L. LAW, D.MIN, LCDC, CSAT, CIP

Executive Director, The Meadows

Dr. Jerry Law has a long history with Meadows Behavioral Healthcare including key roles as executive director of Gentle Path, Willow House, and The Meadows Texas residential treatment programs as well as serving as director of family education and leadership training for MBH. A licensed chemical dependency counselor, a certified sex addiction therapist, and a board-certified intervention professional and therapist, his areas of expertise include relationship disorders, sex addiction, substance abuse disorders, co-occurring behavioral health disorders, and spirituality.

In 2021, Dr. Law took the helm as executive director of our flagship program, The Meadows. In this latest role, Dr. Law oversees the day-to-day operations of the program and works closely with the clinical team to provide world-class treatment and advocate for service excellence throughout the entire treatment process.