



UNPARALLELED LEADERSHIP

The Meadows Case Management team brings expertise, lived experience, compassion, and a deep commitment to your long-term recovery.

With the backing of Meadows Behavioral Healthcare's history of treatment excellence, direction from MBH senior leadership, and we offer one of the most comprehensive case management programs available.

"We help patients and families step forward with trust, knowing they will either find solid ground or discover their ability to soar—to be heard, to heal, and to move forward with confidence."

- Jennifer Angier, VP of Addiction Services, Meadows Behavioral Healthcare


A MESSAGE TO LOVED ONES

Meadows Case Management isn't just for the patient—it's for the whole family.

"If you or someone you care about is struggling, it can be nearly impossible to envision a better life. But it is possible."

- Claudia Black, *Undaunted Hope*

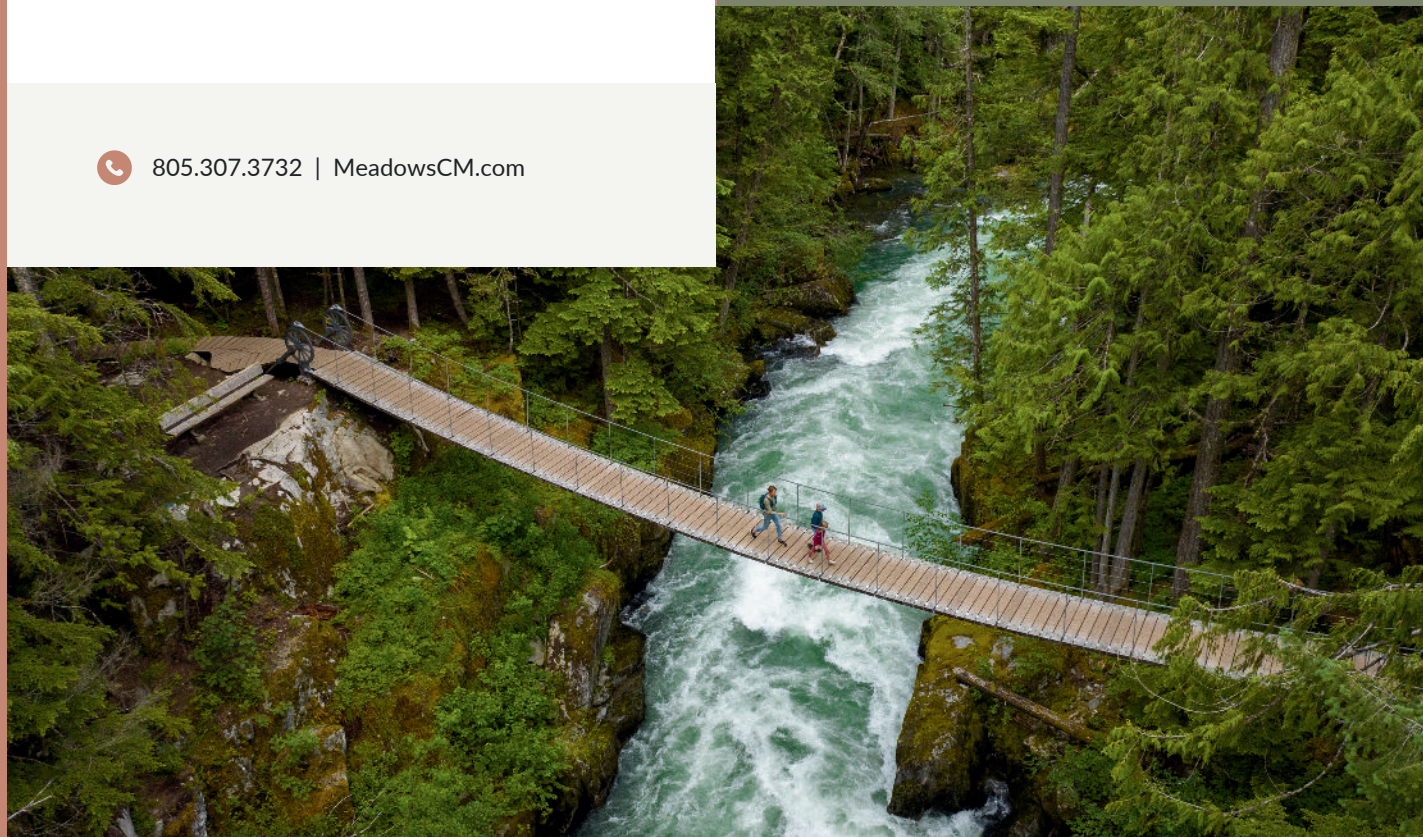
We're here to help protect the investment you've already made in your loved one's recovery—providing guidance, structure, and a therapeutic space for the whole family to heal.

 805.307.3732 | [MeadowsCM.com](https://www.MeadowsCM.com)



A BRIDGE BACK TO YOUR LIFE

Protect your progress. Your Meadows Case Manager is available 24/7 to support your transition from treatment to home.



WHY CHOOSE CASE MANAGEMENT?

Recovery doesn't end when treatment does. The real work begins when you start applying what you've learned to everyday life.

Our team is here to help you:

- Navigate challenges you haven't yet faced
- Strengthen the tools and techniques you gained in treatment
- Build confidence in your ability to sustain recovery



We've walked this path before and are here alongside you, guiding you as you create safe spaces to recognize challenges, nurture growth, and build a strong foundation for lifelong recovery.



CUSTOMIZABLE CARE TO FIT YOUR NEEDS

Case Management is not one-size-fits-all. We tailor our support to your individual situation, ensuring you get exactly what you need.

That may look like:

- Intensive support during the first critical months of recovery
- Ongoing guidance as you integrate the work you did in treatment into your daily life
- 24/7 assistance for both patients and their families

THE BUILDING BLOCKS OF MEADOWS CASE MANAGEMENT

COMMUNICATION

Your Case Manager is available to you daily. They're your sounding board, your safe space, and your reality check. They can also serve as a bridge between you and your loved ones as you transition into healthier roles.

EDUCATION

We provide ongoing learning opportunities, including:

- Family and patient psychoeducation sessions
- Expert-led discussions with Meadows Case Management leadership
- The opportunity to attend workshops at Rio Retreat Center

RESOURCES

Sustaining your recovery means having the right support system in place. We help you:

- Reconnect with your therapist or establish new local providers
- Find community support groups tailored to your needs
- Identify family resources to support long-term healing

SUPPORT

We go beyond recovery—we help you build the life you envision and deserve. That may include:

- Exploring career or academic goals
- Strengthening physical and spiritual wellness
- Crisis response when urgent support is needed

